



MANNHEIM²

LEISURE

ACTIVITIES



MANNHEIM²

WELCOME TO MANNHEIM ²

Mannheim offers you a wide range of leisure activities that will let you get to know the city from its vivid side.

In the spacious city parks, families with children can find large green areas, entertaining playgrounds, petting zoos and plants from all over the world. The nature-conservation and forest areas close to the city centre invite nature lovers to take relaxing walks and extensive cycle tours. There are also plenty of options for spending some active or relaxed time in the open air on the rivers Rhine and Neckar, and along their banks. Or is shopping close to your heart? Then off you go – a true shopping paradise awaits you in the city. Both old and young can enjoy culture in many different places: either in the hands-on museum, or out in space, or simply in passing on the street. Numerous events also take place in Mannheim, that will turn your visit into an unforgettable experience.

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MANNHEIM² IS RECREATIVE

People love Mannheim's numerous impressive green spaces – right in the middle of the city.

The blend of urbanity and nature is part of Mannheim's particular charm. The rivers Rhine and Neckar, the large city parks and the small green spaces and play areas are ideal locations for play, sports and cosy picnics. You can also take a deep breath of fresh air in the nature reserves and forests just outside the city.



Luisenpark

LUISENPARK

Admire artistically arranged flower beds, discover wildlife, enjoy culture or simply let the world go by – in the “Luisenpark”, every day becomes a mini-holiday.

Immerse yourself in a fascinating and lively park landscape. Drift about in “Gondoletta” boats, climb over rocks in the mountain stream, watch fascinating animals and enjoy a cup of tea in the largest original Chinese tea house in Europe.

-
- @ www.luisenpark.de
 - 📍 Theodor-Heuss-Anlage 2, 68165 Mannheim
 - 📍 Luisenpark/TECHNOSEUM
-

HERZOGENRIEDPARK

The “Herzogenriedpark” invites families, open-air sports fans and people looking for peace and quiet to countless different activities in 21 hectares of space.

Green for everyone! Explore the romantic farmer's garden, the lake surrounded by meadows, the enchanted rose garden or one of the many shady avenues of trees.

- @ www.herzogenriedpark.de
- 📍 Max-Joseph-Straße, 68169 Mannheim
- 📍 Neuer Messplatz





@ www.bugaz3.de/englisch

BUNDESGARTENSCHAU MANNHEIM 2023

From 14 April to 8 October 2023, the Federal Garden Show is taking place in Mannheim. The programme will feature 5,000 events.

A cable car will connect the new landscaped park in the city's northeastern part with the Luisenpark across the river Neckar. It is both a horticultural show and an urban development project with space for new ideas. Moreover, it is an integral part of "Grünzug Nordost" (Greenbelt Northeast), a future recreational area, which connects 230 hectares of public green spaces.



BY THE WAY

Mannheim is green! The Tourist Information Centre Mannheim offers guided tours for groups in different languages. One of the themed tours deals with the green spaces in the city centre. Bookings and further information at the Tourist Information Centre Mannheim.

WALDPARK & REISSINSEL NATURE RESERVE

Long walks in the parkland, a paradise for birdwatchers, dinner on stilts over the water in the "blue hour" of twilight, and all that in Mannheim? But of course!

The extensive "Waldpark" is located directly on the Rhine adjacent to the Rhine terraces and the "Stephanienufer" waterfront, and is criss-crossed by many paths and hiking routes. Here, you will discover meadow landscapes, waterways and abundant greenery to enjoy on a long, pleasant stroll. The park flows directly into one of the most significant river-meadow protected areas on the Upper Rhine, the "Reißinsel". Together, the two areas provide living space for many domestic plants and rare animals, which you can discover and admire on your stroll.



INFO

For reasons of nature protection, the "Reißinsel" is inaccessible every year during the nesting and breeding season from March to June inclusive.



Reißinsel

📍 Strandbadweg 1, 68199 Mannheim
From the car park, follow the signs for the "Rundweg Reißinsel" (Reißinsel Circular Trail)

🕒 Rheingoldhalle (20 minutes on foot)

MANNHEIM² IS SHOPPING

Modern, entertaining, varied – in Mannheim, you will find everything nearby that you need to make your shopping heart beat faster.

From cheap through to luxurious, from a unique designer dress to a casual over-all, from boho style and international select fashion labels through to small, regional designers – there is really everything on offer here! The “Planken” pedestrian zone, the small side streets and the many passageways serve up plenty of scope for exciting discoveries.



PLANKEN

The main shopping street “Planken” in the heart of the city centre, runs for 800 metres from the historic water tower to “Paradeplatz” square and is the most popular pedestrian zone in the entire region.

Strolling, shopping, making new discoveries in a beautiful ambience: this combination makes the “Planken” a true magnet for shopping fans, even far beyond the city boundary. Countless retailers from all sorts of industries, traditional department stores, concept stores, bookshops and of course all the famous brands leave nothing to be desired for any shopper. Individual style, a niche product, a bargain or a piece of high fashion? You can find everything here, and even a little more!



BY THE WAY

Do you love shoes? According to a shopping myth, the ratio of shoe shops to the number of inhabitants is almost twice as high in Mannheim as in any other German cities.

📍 Starting point: Paradeplatz, O1, 68161 Mannheim

📍 Paradeplatz



@ www.engelhorn.com

📍 O5, 68161 Mannheim

📍 Strohmart

ENGELHORN MODE IM QUADRAT

International collections from the fashion capitals of the world are showcased over a generous surface area of 19,000 m².

“engelhorn Mode im Quadrat” is one of the traditional department stores in the city. The store offers a wide range of brands, international designers, exclusive accessories and, on request, even your own personal style consulting. “engelhorn sports”, “engelhorn the box”, “engelhorn Dessous & Wäsche” (lingerie and underwear), “engelhorn Strumpfhaut” (socks and stockings) as well as the stores HUGO BOSS and Thommy Hilfiger are separate outlets in the immediate vicinity that provide an incredible selection of items.

Q6 Q7 MANNHEIM – DAS QUARTIER

This modern shopping mall is sure to leave nothing to be desired.

On three levels, the centre lures every visitor to shop, to enjoy themselves and to linger. The light-bathed architecture coupled with the individual blend of over 65 outlets, offering everything from handbags to designer brands right through to delicacies and spirits from the concept store, creates a particularly special shopping experience. There is also a rich mixture of culinary choices from cosy cafés to popular street food and even elegant gourmet cuisine.

@ www.q6q7.de

📍 Q7, 23, 68161 Mannheim

📍 Strohmart

CULINARY LIFESTYLE

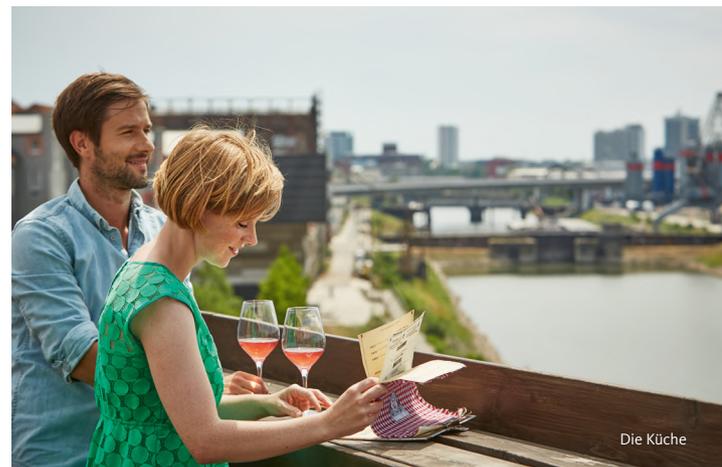
Dinner is served! In the very centre of its shopping paradise, Mannheim offers an extraordinary wealth of gastronomic possibilities.

For instance, there are five restaurants in the city centre with a total of six Michelin stars that sweep their guests to the very heights of culinary enjoyment. They serve up true delights for the palate. Street food, burger bars, vegetarian restaurants, delicatessens, urban cooking, cafés and bars offer the perfect choice for every taste. You would like to try tasting something a little more exotic? Excellent, because the world is at home in the kitchens of Mannheim. Italian, Greek, Turkish, Thai, Korean, Indian, Persian, Arabic, Mexican and many more – an international festival for the taste buds!



BY THE WAY

Three of the gourmet restaurants in Mannheim can even be found directly in the shopping area. The OPUS V and the le Corange can be found on the top floor of the traditional department store, engelhorn, while the Emma Wolf is in the basement of the Q 6 Q 7 shopping mall.



MANNHEIM² IS INSPIRING

The city is particularly impressive in terms of its varied cultural offering in the fields of science and innovation.

Do you love experimenting, and are you curious with a deep thirst for knowledge? In Mannheim, you will find the perfect places to satisfy that thirst. A monument has been built to honour the greatest inventors and pioneers, in the shape of the memorial walkway “Kurpfälzer Meile der Innovationen” in front of Mannheim Baroque Palace. Some of these inventions and many others can be admired over several levels and with numerous hands-on stations in the “TECHNOSEUM”. If you would like to explore the depths of space, the planetarium will be the perfect address for you. Culture for both old and young, packed up in a brilliant and fun way!



TECHNOSEUM

A museum for young discoverers, grown-up inventors and doers full of action and courage!

200 years of technological and social history and over 100 experimenting stations are just waiting for you to discover them! Paper production in a tub, a fully functional steam engine and dancing robots make this visit a fascinating experience for all ages. Beaming children’s eyes, red cheeks of excitement and an awakened pioneering spirit are often side effects of a visit.

Visitors are expressly invited to touch things and try them out: send a pneumatic post, count on the abacus or lift a 275-pound stone by climbing into a pedal crane and using your own muscle power.

@ www.en.technoseum.de

📍 Museumsstraße 1, 68165 Mannheim

📍 Luisenpark/TECHNOSEUM or TECHNOSEUM Süd

🕒 Mo – Sun 9.00 am – 5.00 pm

PLANETARIUM MANNHEIM

A trip to the moon? A walk through the Milky Way? It's all possible at the Mannheim Planetarium!

At the planetarium, you can delve into the fascinating world of the stars, the planets and the galaxies. The visitors are enchanted here with a realistic night sky, that would nowadays only be visible in extremely dark locations or from space. At one of the regular special events, you can dream yourself all the way to different galaxies accompanied by the sounds of Pink Floyd or Queen, or forget everyday life listening to an audio drama. As well as classic astronomy programmes, the Planetarium also stages concerts under the star-studded sky, lectures in various languages and special presentations for children.



BY THE WAY

The original planetarium was opened back in 1927 as one of the first in the world. After being destroyed in the Second World War, it was rebuilt in 1984.

@ www.planetarium-mannheim.de

📍 Wilhelm-Varnholt-Allee 1, 68165 Mannheim

© Planetarium



KURPFÄLZER MEILE DER INNOVATIONEN

Mannheim and its region have always stood out because of brilliant minds.

Such geniuses have created numerous inventions here over the centuries, that have shaped our world and doubtless even your everyday life today! To honour these pioneers and their innovations, there is the memorial walkway “Kurpfälzer Meile der Innovationen”. It consists of 42 bronze panels that are gradually being placed in the pavement directly in front of Mannheim Baroque Palace, and that provide information about the respective inventions.

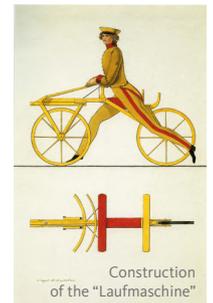


Carl Friedrich Benz

In 1886, Benz was awarded patent no. 37 435 for his “Benz Patent-Motorwagen” that was developed in Mannheim – the birth certificate of the automobile.

Karl Freiherr von Drais

His most important invention was the “Laufmaschine”. With this wooden fore-runner of the bicycle, he rode on 12 June 1817 from Mannheim Baroque Palace to the horse relay station in the avenue “Relaisstraße” and back – a distance of about 14 km – in just an hour.



MANNHEIM² IS FOR EXPLORING

Discover the Rhine-Neckar region in the south-west of Germany where the three federal states of Baden-Wuerttemberg, Hesse and the Rhineland Palatinate meet.

2.4 million people live in this attractive metropolitan area that is not only characterised by cities such as Mannheim, Ludwigshafen and Heidelberg, but also by the nature of the Odenwald forest and the Palatinate wine-growing region. The Rhine-Neckar region offers everything that makes life beautiful and fulfilled, and it is well worth a visit.



REGIONAL EXCURSIONS

Would you love some peace and relaxation, palaces and castles, long hikes and cycle tours out in the country?

Then you could extend your visit to include one of the nearby nature parks: “Pfälzerwald”, “Neckartal-Odenwald” and “Geopark Bergstraße-Odenwald”. There, you will find a wealth of varied nature that is full of charm, whatever the season. In the Palatinate, you will be welcomed by vineyards and a Mediterranean climate. The “Odenwald” will thrill you with its untouched mountain and forest landscapes. The “Burgenstraße” is a route for lovers of castles and palaces. It starts on a splendid note with Mannheim Baroque Palace, the palace in Schwetzingen and the world-famous Heidelberg Castle.

HIGHLIGHTS —

Hiking in the Palatinate

A paradise for lovers of landscapes peppered with hills.

www.pfalz.de/en

Hiking in the “Odenwald”

Mountains, valleys and small summits are waiting to be explored.

www.bergstrasse-odenwald.de/en/

Burgenstraße

Traditional holiday route in Germany with over 70 different castles and palaces.

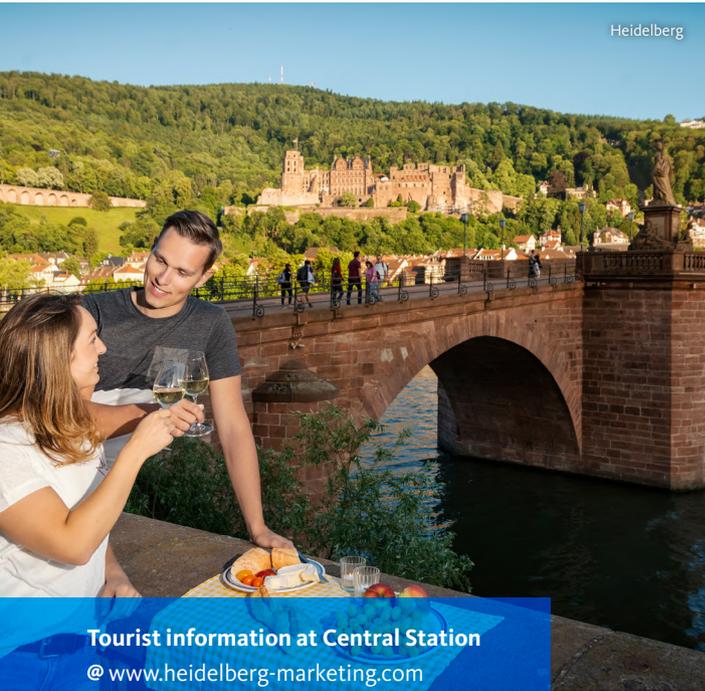
www.burgenstrasse.de/uk

Draisine trolley tour through the Palatinate

The special recreational activity for all ages!

www.draisinentour.de





Tourist information at Central Station

@ www.heidelberg-marketing.com

📍 Willy-Brandt-Platz 1, 69115 Heidelberg

HEIDELBERG

In Heidelberg, there are numerous favourite places, sights and above all a romantic flair just waiting to be discovered. Come and get to know the city that, even in Goethe's day, had "something ideal" about it.

The palace in Heidelberg with its extensive gardens is an absolute highlight and probably the city's best-known landmark. The view from the palace terrace is breathtaking, the façades are steeped in history and the famous giant wine barrel provides a reminder of the drink-loving Electoral Court.

The "Alte Brücke" (Old Bridge), the Philosophers' Walk hiking route, Germany's oldest university, the historic student prison, picturesque streets in the Old Town and many other sights guarantee that you will enjoy an unforgettable stay in the romantic town on the Neckar.

ON THE WATER

"Kurpfalz Personenschiffahrt" in Mannheim and "Weisse Flotte" in Heidelberg

If you are interested in excursions by boat, a trip down the Rhine or the Neckar is an absolute must. With over 70 km of port quaysides and 16 million tonnes of freight cargo turnover, the ports of Mannheim and Ludwigshafen form one of the largest inland ports in Europe. A small, large or theme-based boat tour will give you an exciting insight into the constant, busy activity of the port. Tours, excursions and castle trips on the Neckar, starting in Heidelberg, provide the perfect river experience for every taste. The various tours give you a wide range of impressions and the opportunity to get to know the region and the towns along the rivers from a very special angle.

Kurpfalz Personenschiffahrt

@ www.kurpfalz-schiffahrt.de

📍 Starting point: Pier "Mannheim-Kurpfalzbrücke"

Weisse Flotte Heidelberg

@ www.weisse-flotte-heidelberg.de

📍 Starting point: Pier "Stadhalle Heidelberg"



Boat journey



Cycle route “Neckartal-Radweg”
@ www.neckartalradweg-bw.de

Rhine Cycle Route
@ www.rhinecycleroute.eu

Cycle route along Friedrichsring

EXCURSIONS BY BIKE

Neckartal-Radweg and Rheinradweg

Past palaces and castles, past forests, meadows and slopes covered with vineyards, industrial monuments and architectural gems, the Neckar flows through the heart of Baden-Wuerttemberg. Always by its side: the cycle route “Neckartal-Radweg” that lets you enjoy a close-up experience of this varied landscape. There is also the option of a tour from Mannheim to Heidelberg, joining the two residence cities of the Electoral Palatinate. The Rhine Cycle Route accompanies one of the most important rivers in Europe over a length of 1,233 km: the Rhine. Enjoy the beauty of the river landscape – perhaps with a cycle tour from Mannheim through the forest area “Waldpark”, to Lampertheim, Speyer or Schwetzingen. Depending on your chosen destination, you will ride through forests, cross dams and weirs and pass through clearings and meadows.



BY THE WAY

VRNnextbike

Not sure whether to bring your bike? Why not simply rent one through the public bike sharing system? VRNnextbike is a practical and cost-effective supplement to the bus and rail system. A bike to hire is never far from a bus or tram stop in Mannheim and its region – simply register online in advance and get pedalling!

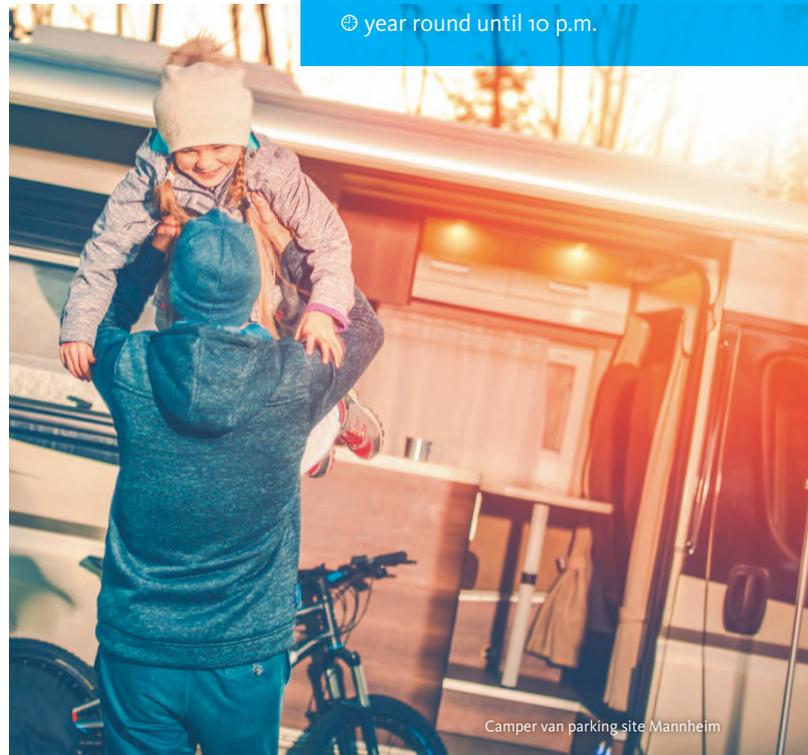
www.nextbike.net/en/

CAMPER VAN PARKING SITE MANNHEIM

The camper van parking site in Mannheim-Neustheim is the ideal starting point for exploring Mannheim in a simple and convenient way.

The easily accessible site, which was built from scratch in 2016, is close to various large event locations and its good public transport connections invite guests to visit the city centre and Mannheim’s sights. It provides fifteen parking spaces as well as supply and disposal stations.

@ www.wohnmobil-mannheim.de
📍 Hans-Thoma-Straße 3, 68163 Mannheim
📍 Hans-Thoma-Straße
🕒 year round until 10 p.m.



Camper van parking site Mannheim



MANNHEIM² EVENT HIGHLIGHTS

📅 06.01.2021

📍 SAP Arena Mannheim
@ www.saparena.de

Feuerwerk der Turnkunst

An amazing gymnastics display: Be enchanted by the international stars of movement arts at Europe's most successful gymnastics show.

📅 23.01.2021 – 07.03.2021

📍 Luisenpark Mannheim
@ www.luisenpark.de

Winterlichter

Spectacular light installations transform Luisenpark into a glittering fantasy world.

📅 18.04.2021 – 13.02.2022

📍 Reiss-Engelhorn-Museen,
Museum Zeughaus C5
@ www.rem-mannheim.de

Eiszeit-Safari

Exhibition full of interesting and exciting facts about Europe during the last ice age.

📅 24.04.2021 – 04.05.2021

📍 Maimarktgelände
Mannheim
@ www.maimarkt.de

Maimarkt Mannheim

Germany's largest regional trade fair – an experience for the whole family!

📅 15.05.2021

📍 Mannheim city zone
@ www.daemmermarathon-mannheim.de

SRH Dämmer Marathon

Largest mass sports event in the region. 10,000 runners, 100,000 spectators, twilight – amazing atmosphere!

📅 28.05.2021 – 30.05.2021

📍 Mannheim city centre
@ www.mannheimer-stadtfest.de

Mannheimer Stadtfest & Kinderfest

The region's largest open-air event with plenty of fun for the whole family.

📅 30.07.2021 – 01.08.2021

📍 Congress Center
Rosengarten
@ www.animagic.de

AnimagiC

A wide-ranging weekend of anime, manga, J-game and J-music events.

📅 14.08.2021

📍 Mannheim city centre
@ www.csdrn.de

Christopher Street Day

Huge parade in the city centre followed by a street party.

📅 11.09.2021

📍 Mannheim Baroque Palace
@ www.uni-mannheim.de

Schlossfest

University of Mannheim festival with welcome event for freshers, stage shows and closing firework display.

📅 November 2021 – Juni 2022

📍 TECHNOSEUM
@ www.technoseum.de

Work and Migration in the South-West

This exhibition tells the story of migrant families who have settled in Germany and built their lives here, usually through hard work.

📅 Dezember 2021

📍 Mannheim city centre
@ www.weihnachtszauber-in-mannheim.de

Christmas markets

Enjoy Advent in all its glory at three large Christmas markets: at the Wasserturm, on Kapuzinerplanken square or in the enchanted forest in Paradeplatz square.

Subject to change.



INFO

You can find the full offering of events on our website www.visit-mannheim.de/en/events

MANNHEIM²

OFFERS MORE

Apart from the diverse range of leisure activities that you can experience with your whole family and friends, Mannheim also offers a distinctive art and cultural scene.

For instance, around the historic water tower on “Friedrichsplatz” square, Mannheim is home to one of the most beautiful Art Nouveau complexes and also, just a stone’s throw away, the second largest Baroque palace in Europe. As a lover of sacred architecture, you will be able to find something that speaks to you while admiring the monumental architecture or in quiet contemplation in one of the numerous churches. Or browse through the wealth of choices in the theatres, cabarets and galleries and let yourself be inspired.

The entire team at Tourist Information Mannheim would be glad to help you with the individual arrangement of your visit to the Rhine-Neckar metropolis. You can also find lots of details, tips and ideas in the other topic brochures.

SERVICE

Tourist Information Mannheim

Willy-Brandt-Platz 5, 68161 Mannheim

phone +49 621 293-8700

touristinformation@mannheim.de

Please inform yourself online

about current opening hours:

www.visit-mannheim.com

f www.facebook.com/mannheim.quadratstadt

@ www.instagram.com/visit.mannheim



You would like to find out more and get to know Mannheim even better?

In our compact topic brochures, you can find cultural highlights, more tips for your mini-break or extended stay and an extensive range of city guided tours and circular tours.



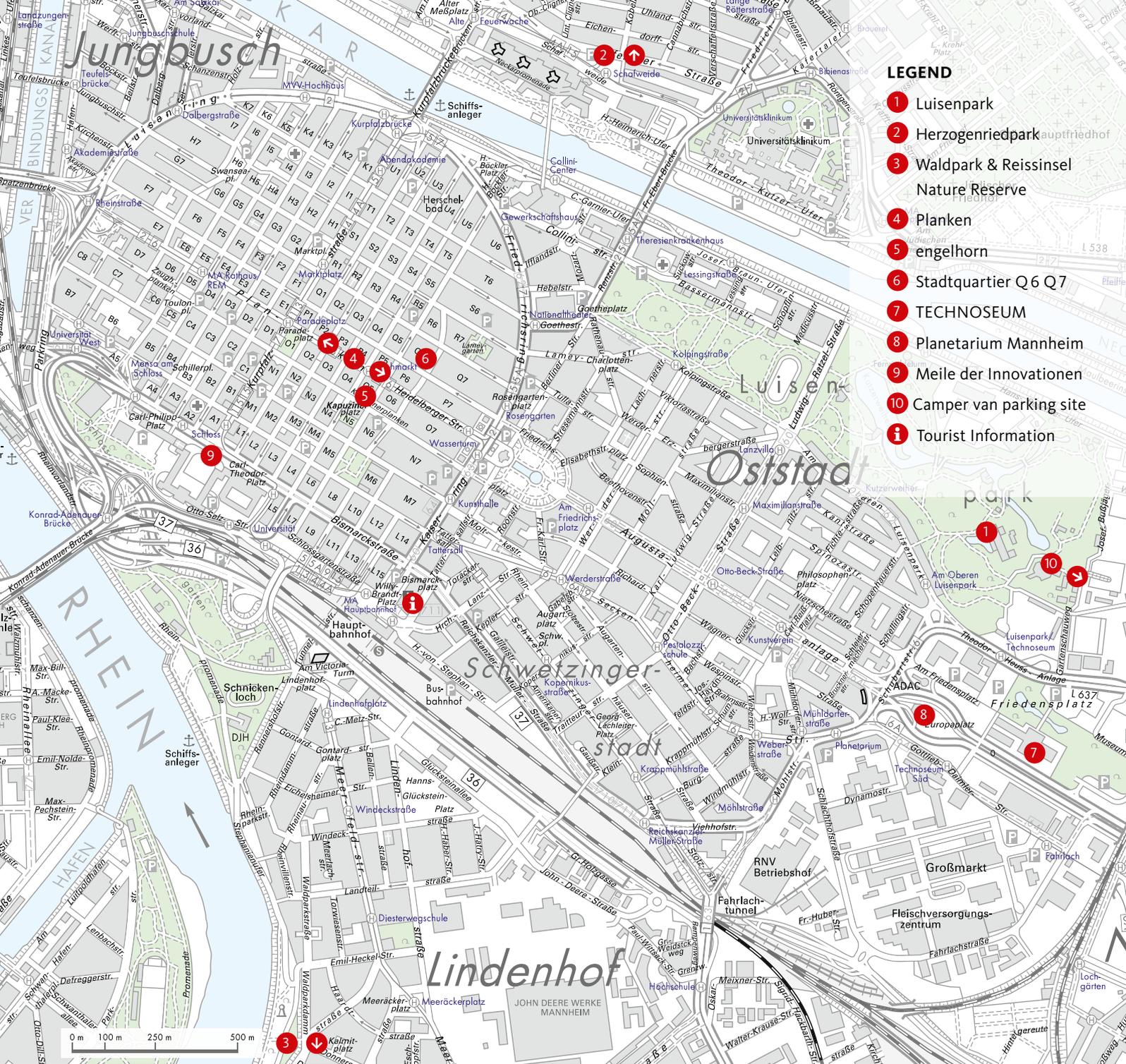
INFO

Discover Mannheim's popularest sights and immerse yourself in the exciting history and present of the City of Squares on the “Modern and historical Mannheim” walking tour.

VRN

The local public transport network “Verkehrsverbund Rhein-Neckar” makes it easy for you to explore the entire city of Mannheim and the surroundings by public transport. In this way, you can easily use buses and trains to reach and explore three different federal states with 24 districts and cities.

www.vrn.de



LEGEND

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